# A letter to _____ on their 18th birthday

*Six short parts. Answer one or two prompts in each, in your own words. Date: _____*

## 1. Where you are right now

Where am I sitting as I write this? · What did you do this morning? · What is happening in our home this week?

## 2. One memory only you could tell

When did I first see the adult you'd become? · What's a small moment you've forgotten that I haven't? · What was said, and what did the room look like?

## 3. What I see in you

What do you do when nobody is watching? · What are you better at than I was at 18? · When did you surprise me?

## 4. What I want you to carry

What's one thing you know is in your control, and one you'll have to let go? (Law I) · When did you choose the harder right thing? (Law II) · Who will you protect, and what will you never take? (Law III)

The Three Laws (optional frame): I. Know what is in your control and what is not. II. Do what is right, not what is easy. III. Protect your own, but do not take what is not yours.

## 5. What I got wrong

What would I do differently? · What do I want to apologise for, or thank you for? · What did you teach me?

## 6. What you can always count on

What will I always do, at any hour? · What don't you ever have to earn? · How do I sign this: the name you call me?

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